

Privacy Policy

pilatesbody.co.uk primarily provides Pilates tuition to groups and individuals. My other services include: dance fitness tuition; website design and maintenance; and computer support.

What information do I collect about you?

I hold your personal contact details and health information as supplied to me in your enrolment form, renewal forms and any other correspondence.

How will I use your information?

The information that you provide:

- will be used for teaching purposes or to provide other services as above
- will be used in confidence and stored securely
- will not, in any circumstances, be shared with a third party without your written consent, unless that party is another suitably qualified teacher who will teach you
- may be retained for a period of time such as complies with professional, legal and insurance requirements that I must fulfil

Marketing

I will only send you information about future class dates and associated news if you have given me your consent. You have the right to withdraw this 'consent to be contacted' at any time. Whatever you choose, I may still contact you about changes to classes that you have already booked.

Access to your information

You have the right to request a copy of the information that I hold about you. I may make a small charge for this service.

Cookies

I do not use cookies on my website.

Contact

Please [contact me](#) if you: have any questions about my privacy policy or information that I hold about you; wish to change your consent to be contacted.

Changes

This privacy policy was last updated on 27th April 2018.